



Friday, February 27th

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MYRTLE BEACH
SOUTH CAROLINA

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White Gym

Session 1W- USAG Level 3

Open Stretch: 8:00 am

Awards: 11:00 am

(Acrosmith, Danik, Dynamic, GTC Simsbury,
Gymnastics Unlimited, Lake Norman, West Ashley)

Session 2W- Xcel Gold & Level 4

Open Stretch: 11:00 am

Awards: 2:45 pm

(Xcel Gold: Danik, Envi, Excel, Leaps & Bounds,
Metrolina, WAKE)
(Level 4: Aktion, Danik, Dynamic, Envi, Excel,
Gymnastics Unlimited, Indiana Elite, Lake Norman,
Leaps & Bounds, Rigert Elite)

Session 3W- USAG Levels 4 & 5

Open Stretch: 2:45 pm

Awards: 6:30 pm

(Level 5: All Teams)

Level 4: Acrosmith, Balance, Clemmons,
Dream Chasers, Greenville, GTC Simsbury,
Summerville YMCA, Thomas, Tops, West Ashley)

Session 4W- USAG Level 6

Open Stretch: 6:30 pm

Awards: 9:45 pm

(Acrosmith, Aktion, Flight, GTC Simsbury,
Lake Norman, Oak City, Premier, Tops, UGA)

Teal Gym

Session 1T- USAG Xcel Silver & Level 3

Open Stretch: 8:00 am

Awards: 11:00 am

(Silver: Empire, Greenville, Oak City, Triumph, UGA)
(Level 3: Aktion, Envi, Greenville, Rigert Elite,
Summerville YMCA)

Session 2T- USAG Xcel Bronze & Level 2

Open Stretch: 11:00 am

Awards: 1:30 pm

(Level 2: All Teams)
(Bronze: Classic, Electric City, Flip Force, Mpact, New Bern,
Oak City, Thomas)

Session 3T- USAG Xcel Bronze

Open Stretch: 1:30 pm

Awards: 4:00 pm

(All in, Beach Team, Gemini, Langley, Tapio, Triumph, Twist 'n
Flip C, UGA, Yadkin Valley, Zeni, th)

Session 4T- USAG Xcel Bronze

Open Stretch: 4:00 pm

Awards: 6:30 pm

(Crystal Coast, Dynasty Athletic, Excel, Flex, Leaps & Bounds,
Metrolina, WAKE)

Session 5T- USAG Level 6

Open Stretch: 6:30 pm

Awards: 9:45 pm

CGI, Crystal Coast, Dream Chaser, Easley, Flex, Langley,
New Era, Rigert Elite, Tapio, Water's Edge, Yadkin Valley)

Black Gym

Session 1B- AAU Xcel Bronze & Copper

Open Stretch: 8:00 am

Awards: 10:30 am

(AAU Copper: All Teams)
(AAU Bronze: Acrosmith, Clemmons, New Bern,
Thomas)

Session 2B- AAU Levels 1,2 & Xcel Bronze

Open Stretch: 10:30 am

Awards: 1:00 pm

(Levels 1 & 2: All Teams)
(Bronze: Carolina Flipz, Port City, Thomas,
Yadkin Valley)

Session 3B- AAU Xcel Silver

Open Stretch: 1:00 pm

Awards: 3:45 pm

(All Teams)

Session 4B- AAU Xcel Gold, Platinum, & Diamond

Open Stretch: 3:45 pm

Awards: 6:30 pm

(All Teams)

Session 5B- USAG Level 6

Open Stretch: 6:30 pm

Awards: 9:45 pm

(Balance, Danik, Empire, Five Star, Georgia Spirit,
Greenville, Metrolina, Metroplex, Premier East,
Stanly County)



Saturday, February 28th

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White Gym

Session 6W- USAG Levels 6 & 7

Open Stretch: 8:00 am

Awards: 11:30 am

(Level 6: BRAG, Clemmons, Dynamic, Energy, Excel, Flip Force, Gymnastics Unlimited, Indiana Elite, Salem, Thomas)

(Level 7: BRAG, Clemmons, Coastal, Dynamic, Easley, Energy, Excel, Flex, Flight, Flip Force, Georgia Spirit, Gymnastics Unlimited, Indiana Elite, Premier, Salem, Thomas, Zenith)

Session 7W- USAG Level 8

Open Stretch: 11:30 am

Awards: 2:45 pm

(All Pro, Clemmons, Coastal, Dream Chasers, Dynamic, Easley, Empire, Excel, Georgia Spirit, GTC Simsbury, Metrolina, Port City, Premier East, Rigert Elite, Triumph, Water's Edge)

Session 8W- USAG Level 9 & Xcel Sapphire

Open Stretch: 2:45 pm

Awards: 6:00 pm

(Xcel Sapphire: All Teams)

(Level 9: Beach Team, Coastal, Danik, Dynamic, Easley, Everest, Excel, Five Star, Metrolina, Northern Hills, Oak City, Rigert Elite, Salem, Thomas)

Session 9W- USAG Levels 8 & 10

Open Stretch: 6:00 pm

Awards: 9:45 pm

(Level 8: Balance, Five Star, Greenville, Lake Norman, Oak City, Premier, Thomas, Tops)

(Level 10: Acrosmith, Artistic Sport, Balance, Easley, Five Star, Georgia Spirit, Greenville, Lake Norman, Oak City, Premier, Thomas, Tops)

Teal Gym

Session 6T- USAG Level 7

Open Stretch: 8:00 am

Awards: 11:30 am

(Acrosmith, Coastal-CA, CGI, Ches-Co, Dream Chasers, Envi, Five Star, GTC Simsbury, Legacy, Metrolina, Metroplex, Oak City, Triumph)

Session 7T- USAG Level 8

Open Stretch: 11:30 am

Awards: 2:45 pm

(Aktion, Coastal-CA, BRAG, CGI, Danik, Flex, Flight, Indiana Elite, Metroplex, Stanly County, UGA, Zenith)

Session 8T- USAG Level 9

Open Stretch: 2:45 pm

Awards: 6:00 pm

(All Pro, Artistic Sports, BRAG, Carolina Stars, Coastal-CA, Envi, Flight, Georgia Spirit, GTC Simsbury, Langley, Metroplex, Premier)

Session 9T- USAG Level 10

Open Stretch: 6:00 pm

Awards: 9:45 pm

(Carolina Stars, CGI, Coastal, Coastal-CA, Empire, Gymnastics Unlimited, Metroplex, Salem)

Black Gym

Session 6B- USAG Level 7

Open Stretch: 8:00 am

Awards: 11:30 am

(Aktion, All Pro, Artistic Sports, Balance, Danik, Empire, Greenville, Illumination, Leaps & Bounds, Port City, Premier East, Rigert Elite, Stanly County, Tops, UGA, Wings)

Session 7B- USAG Xcel Gold

Open Stretch: 11:30 am

Awards: 2:45 pm

(Electric City, Flip Force, Greenville, Interstate, New Bern, Premier, Thomas, Wings)

Session 8B- USAG Level 9

Open Stretch: 2:45 pm

Awards: 6:00 pm

(Acrosmith, Balance, CGI, Ches-Co, Dream Chasers, Gymnastics Unlimited, Illumination, New Era, Tops, Triumph, UGA, Water's Edge, Yadkin Valley)

Session 9B- USAG Xcel Gold

Open Stretch: 6:00 pm

Awards: 9:45 pm

(Achievers, All in, Dynasty Athletic, Gemini, Incline, Jam Hops, Legacy, Port City, Tapio, Zenith)



Sunday, March 1st

visit
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White Gym

Session 10W- USAG Xcel Platinum

Open Stretch: 8:00 am

Awards: 12:00 pm

(Artistic Sports, Clemmons, Empire, Flex, Incline, Leaps & Bounds, Metrolina, Mpact, Oak City, Premier, Salem, Traditional, Triumph, Wings)

Session 11W- USAG Xcel Silver

Open Stretch: 12:00 pm

Awards: 3:30 pm

(All in, Classic, Crystal Coast, Dynasty Athletic, Flex, Georgia Spirit, Illumination, Interstate, Langley, Miss Libby's, Mpact, Traditional, Twist 'n Flip C)

Session 12W- USAG Xcel Silver

Open Stretch: 3:30 pm

Awards: 7:00 pm

(Electric City, Excel, Flip Force, Gemini, Leaps & Bounds, Metrolina, New Bern, Tapio, Thomas, WAKE)

Teal Gym

Session 10T- USAG Xcel Platinum

Open Stretch: 8:00 am

Awards: 12:00 pm

(Achievers, Balance, Carolina Stars, Ches-Co, Dynasty Athletic, Energy, Envi, Gemini, Greenville, Illumination, Langley, The Peach Pit, Thomas, WAKE, Yadkin Valley)

Session 11T- USAG Xcel Diamond

Open Stretch: 12:00 pm

Awards: 3:30 pm

(Artistic Sports, Easley, Empire, Flex, Gemini, Incline, Lake Norman, Legacy, Miss Libby's, Oak City, Salem, Thomas, Wings)

Session 12T- USAG Xcel Gold

Open Stretch: 3:30 pm

Awards: 7:15 pm

(Beach Team, Crystal Coast, Everest, Flex, Miss Libby's, Oak City, Stanly County, The Peach Pit, Traditional, Triumph, Wilson)

Black Gym

Session 10B- USAG Xcel Platinum

Open Stretch: 8:00 am

Awards: 12:00 pm

(Beach Team, Crystal Coast, Danik, Easley, Everest, GTC Simsbury, Jam Hops, Legacy, New Era, Port City, Stanly County, Tapio, Wilson)

Session 11B- USAG Xcel Diamond

Open Stretch: 12:00 pm

Awards: 3:30 pm

(Achievers, Carolina Stars, Ches-Co, Danik, Electric City, Everest, Greenville, Jam Hops, New Era, Premier, The Peach Pit, Traditional, Triumph, UGA)

Session 12B- USAG Xcel Gold

Open Stretch: 3:30 pm

Awards: 7:15 pm

(Balance, Classic, Empire, Georgia Spirit, Illumination, Langley, Mpact, Salem, UGA, Yadkin Valley)

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