



# Friday,

# February 27th

visit  
**MYRTLE BEACH**  
SOUTH CAROLINA

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## White Gym

**Session 1W- USAG Level 3**

**Open Stretch: 8:00 am**

**Awards: 11:00 am**

(Acrosmith, Danik, Dynamic, GTC Simsbury, Gymnastics Unlimited, Lake Norman, West Ashley)

**Session 2W- Xcel Gold & Level 4**

**Open Stretch: 11:00 am**

**Awards: 2:45 pm**

(Xcel Gold: Danik, Enso Elite, Envi, Excel, Leaps & Bounds, Metrolina, Performance, WAKE)  
(Level 4: Aktion, Danik, Dynamic, Envi, Excel, Gymnastics Unlimited, Indiana Elite, Lake Norman, Leaps & Bounds, Rigert Elite)

**Session 3W- USAG Levels 4 & 5**

**Open Stretch: 2:45 pm**

**Awards: 6:30 pm**

(Level 5: All Teams)  
Level 4: Acrosmith, Balance, Clemmons, Dream Chasers, Greenville, GTC Simsbury, Summerville YMCA, Thomas, Tops, West Ashley)

**Session 4W- USAG Level 6**

**Open Stretch: 6:30 pm**

**Awards: 9:45 pm**

(Acrosmith, Aktion, Enso Elite, Flight, GTC Simsbury, Lake Norman, Oak City, Premier, Tops, UGA)

## Teal Gym

**Session 1T- USAG Xcel Silver & Level 3**

**Open Stretch: 8:00 am**

**Awards: 11:00 am**

(Silver: Beach Team, Empire, Enso Elite, Greenville, Oak City, Performance, Triumph, UGA)  
(Level 3: Aktion, Envi, Greenville, Rigert Elite, Summerville YMCA)

**Session 2T- USAG Xcel Bronze & Level 2**

**Open Stretch: 11:00 am**

**Awards: 1:30 pm**

(Level 2: All Teams)  
(Bronze: Classic, Electric City, Flip Force, Mpack, New Bern, Oak City, Thomas)

**Session 3T- USAG Xcel Bronze**

**Open Stretch: 1:30 pm**

**Awards: 4:00 pm**

(All in, Beach Team, Gemini, Langley, Performance, Tapio, Triumph, Twist 'n Flip C, UGA, Yadkin Valley, Zenith)

**Session 4T- USAG Xcel Bronze**

**Open Stretch: 4:00 pm**

**Awards: 6:30 pm**

(Crystal Coast, Dynasty Athletic, Excel, Flex, Leaps & Bounds, Metrolina, WAKE)

**Session 5T- USAG Level 6**

**Open Stretch: 6:30 pm**

**Awards: 9:45 pm**

CGI, Crystal Coast, Dream Chaser, Easley, Flex, Langley, New Era, Rigert Elite, Tapio, Water's Edge, Yadkin Valley)

## Black Gym

**Session 1B- AAU Xcel Bronze & Copper**

**Open Stretch: 8:00 am**

**Awards: 10:30 am**

(AAU Copper: All Teams)  
(AAU Bronze: Acrosmith, Clemmons, New Bern, Thomas)

**Session 2B- AAU Levels 1,2 & Xcel Bronze**

**Open Stretch: 10:30 am**

**Awards: 1:00 pm**

(Levels 1 & 2: All Teams)  
(Bronze: Carolina Flipz, Port City, Thomas, Yadkin Valley)

**Session 3B- AAU Xcel Silver**

**Open Stretch: 1:00 pm**

**Awards: 3:45 pm**

(All Teams)

**Session 4B- AAU Xcel Gold, Platinum, & Diamond**

**Open Stretch: 3:45 pm**

**Awards: 6:30 pm**

(All Teams)

**Session 5B- USAG Level 6**

**Open Stretch: 6:30 pm**

**Awards: 9:45 pm**

(Balance, Danik, Empire, Five Star, Georgia Spirit, Greenville, Metrolina, Metroplex, Peach State, Premier East, Stanly County)



# Saturday, February 28th

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**MYRTLE BEACH**  
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## White Gym

**Session 6W- USAG Levels 6 & 7**

**Open Stretch: 8:00 am**

**Awards: 11:30 am**

(Level 6: BRAG, Clemmons, Dynamic, Energy, Excel, Flip Force, Gymnastics Unlimited, Indiana Elite, Salem, Thomas)

(Level 7: BRAG, Clemmons, Coastal, Dynamic, Easley, Energy, Excel, Flex, Flight, Flip Force, Georgia Spirit, Gymnastics Unlimited, Indiana Elite, Premier, Salem, Thomas, Zenith)

**Session 7W- USAG Level 8**

**Open Stretch: 11:30 am**

**Awards: 2:45 pm**

(All Pro, Clemmons, Coastal, Dream Chasers, Dynamic, Easley, Empire, Excel, Georgia Spirit, GTC Simsbury, Metrolina, Port City, Premier East, Rigert Elite, Triumph, Water's Edge)

**Session 8W- USAG Level 9 & Xcel Sapphire**

**Open Stretch: 2:45 pm**

**Awards: 6:00 pm**

(Xcel Sapphire: All Teams)

(Level 9: Beach Team, Coastal, Danik, Dynamic, Easley, Everest, Excel, Five Star, Metrolina, Northern Hills, Oak City, Peach State, Rigert Elite, Salem, Thomas)

**Session 9W- USAG Levels 8 & 10**

**Open Stretch: 6:00 pm**

**Awards: 9:45 pm**

(Level 8: Balance, Five Star, Greenville, Lake Norman, Oak City, Premier, Thomas, Tops)

(Level 10: Acrosmith, Artistic Sport, Balance, Easley, Five Star, Georgia Spirit, Greenville, Lake Norman, Oak City, Premier, Thomas, Tops)

## Teal Gym

**Session 6T- USAG Level 7**

**Open Stretch: 8:00 am**

**Awards: 11:30 am**

(Acrosmith, Coastal-CA, CGI, Ches-Co, Dream Chasers, Enso Elite, Envi, Five Star, GTC Simsbury, Legacy, Metrolina, Metroplex, Oak City, Triumph, Water's Edge)

**Session 7T- USAG Level 8**

**Open Stretch: 11:30 am**

**Awards: 2:45 pm**

(Aktion, Coastal-CA, BRAG, CGI, Danik, Enso Elite, Flex, Flight, Indiana Elite, Metroplex, Stanly County, UGA, Zenith)

**Session 8T- USAG Level 9**

**Open Stretch: 2:45 pm**

**Awards: 6:00 pm**

(All Pro, Artistic Sports, BRAG, Carolina Stars, Coastal-CA, Enso Elite, Envi, Flight, Georgia Spirit, GTC Simsbury, Langley, Metroplex, Premier)

**Session 9T- USAG Level 10**

**Open Stretch: 6:00 pm**

**Awards: 9:45 pm**

(Carolina Stars, CGI, Coastal, Coastal-CA, Empire, Enso Elite, Gymnastics Unlimited, Metroplex, Salem)

## Black Gym

**Session 6B- USAG Level 7**

**Open Stretch: 8:00 am**

**Awards: 11:30 am**

(Aktion, All Pro, Artistic Sports, Balance, Danik, Empire, Greenville, Illumination, Leaps & Bounds, Port City, Premier East, Rigert Elite, Stanly County, Tops, UGA, Wings)

**Session 7B- USAG Xcel Gold**

**Open Stretch: 11:30 am**

**Awards: 2:45 pm**

(Electric City, Flip Force, Greenville, Interstate, New Bern, Premier, Thomas, Wings)

**Session 8B- USAG Level 9**

**Open Stretch: 2:45 pm**

**Awards: 6:00 pm**

(Acrosmith, Balance, CGI, Ches-Co, Dream Chasers, Gymnastics Unlimited, Illumination, New Era, Tops, Triumph, UGA, Water's Edge, Yadkin Valley)

**Session 9B- USAG Xcel Gold**

**Open Stretch: 6:00 pm**

**Awards: 9:45 pm**

(Achievers, All in, Dynasty Athletic, Gemini, Incline, Jam Hops, Legacy, Port City, Tapio, Zenith)



# Sunday, March 1st

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**MYRTLE BEACH**  
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## White Gym

**Session 10W- USAG Xcel Platinum**  
Open Stretch: 8:00 am  
Awards: 12:00 pm  
(Artistic Sports, Clemmons, Empire, Flex, Incline, Leaps & Bounds, Metrolina, Mpack, Oak City, Premier, Salem, Traditional, Triumph, Vision, Wings)

**Session 11W- USAG Xcel Silver**  
Open Stretch: 12:00 pm  
Awards: 3:30 pm  
(All in, Classic, Crystal Coast, Dynasty Athletic, Flex, Georgia Spirit, Illumination, Interstate, Langley, Miss Libby's, Mpack, Traditional, Twist 'n Flip C)

**Session 12W- USAG Xcel Silver**  
Open Stretch: 3:30 pm  
Awards: 7:00 pm  
(Electric City, Excel, Flip Force, Gemini, Leaps & Bounds, Metrolina, New Bern, Tapio, Thomas, WAKE)

## Teal Gym

**Session 10T- USAG Xcel Platinum**  
Open Stretch: 8:00 am  
Awards: 12:00 pm  
(Achievers, Balance, Carolina Stars, Ches-Co, Dynasty Athletic, Energy, Enso Elite, Envi, Gemini, Greenville, Illumination, Langley, Performance, The Peach Pit, Thomas, WAKE, Yadkin Valley)

**Session 11T- USAG Xcel Diamond**  
Open Stretch: 12:00 pm  
Awards: 3:30 pm  
(Artistic Sports, Easley, Empire, Flex, Gemini, Incline, Lake Norman, Legacy, Miss Libby's, Oak City, Salem, Thomas, Wings)

**Session 12T- USAG Xcel Gold**  
Open Stretch: 3:30 pm  
Awards: 7:15 pm  
(Beach Team, Crystal Coast, Everest, Flex, Miss Libby's, Oak City, Stanly County, The Peach Pit, Traditional, Triumph, Vision, Wilson)

## Black Gym

**Session 10B- USAG Xcel Platinum**  
Open Stretch: 8:00 am  
Awards: 12:00 pm  
(Beach Team, Crystal Coast, Danik, Easley, Everest, GTC Simsbury, Jam Hops, Legacy, New Era, Port City, Stanly County, Tapio, Wilson)

**Session 11B- USAG Xcel Diamond**  
Open Stretch: 12:00 pm  
Awards: 3:30 pm  
(Achievers, Beach Team, Carolina Stars, Ches-Co, Danik, Electric City, Everest, Greenville, Jam Hops, New Era, Premier, The Peach Pit, Traditional, Triumph, UGA, Vision)

**Session 12B- USAG Xcel Gold**  
Open Stretch: 3:30 pm  
Awards: 7:15 pm  
(Balance, Classic, Empire, Georgia Spirit, Illumination, Langley, Mpack, Salem, UGA, Yadkin Valley)

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